

Now is the
time to get
your cholesterol
in check!



According to the CDC, 71 million American adults have high cholesterol but only one-third have the condition under control.



How can you prevent or
treat high cholesterol?
Screening is the key!

Because high cholesterol does not have symptoms, many people do not know that their cholesterol is too high. Your doctor can do a simple blood test to check your cholesterol level.

Learn what steps you can take to prevent high cholesterol or to reduce your LDL “bad” cholesterol level.

Contact your advocate on how you can
prevent or treat high cholesterol.

You are automatically
enrolled through your
medical benefits.

(866) 253-2273

advocate@directpathhealth.com



MONDAY-FRIDAY:

7:00am - 8:00pm CT

SATURDAY:

8:00am - 1:00pm CT