



The Food Security Project accepts all types of food and hygiene donations to distribute through our Student Cupboard.

### Most requested items

- Peanut Butter
- Jelly
- Canned meat (tuna, chicken, etc.)
- Cereal
- Canned goods (especially those with pop tops)
- Easy prep meal options
- Ready to eat meals
- Hygiene items (toothbrushes, toothpaste, toilet paper, laundry soap, shampoo, deodorant, etc.)
- Chili
- Cereal
- Top ramen
- Evaporated milk
- Crackers
- All Soups
- Cup of noodles
- Granola bars
- Juice
- Refried beans
- Corn
- Pop corn
- Raisins
- Beans

## Items we cannot accept

- Expired food (we can accept food past a best by date, but not an expiration date)
- Homemade food
- Opened items